

# ADAM HELLER



## PAIN MANAGEMENT: WHY TRADITIONAL MEDICINE IS FAILING YOU

Nothing may be more important to your audience than safely eliminating chronic pain. And no one is better to talk to your audience about a pain free life than Adam Heller. 1 in 2 adults in the US suffer from chronic pain so it directly or indirectly affects every member of your audience financially and emotionally. Every 19 minutes someone dies from a pain drug overdose.

74% of surgeries fail. The annual cost is 600 billion per year. In an engaging and fun way Adam shares the secrets to avoiding the dangers and pitfalls of pain management and how 97% of your audience can eliminate their pain and regain their freedom rapidly.

Adam is the author of the seminal book and process on pain relief and has received accolades from throughout the world. His highly acclaimed Zero Pain Now process has been called "A step-by-step blueprint for eliminating chronic pain" and "a survival guide to overcome pain management." *Quoted from a recent Mayo Clinic Health Systems pilot: Following the Zero Pain Now intervention they were all pain free and ALL costs associated with managing their pain ceased.*

Adam is an experienced and entertaining media guest who offers provocative straight talk about the failure of the medical community to treat physical pain with dangerous surgeries, addictive drugs and other failed methods. With a style that has been described as "Bill Maher meets Fareed Zakaria meets Jimmy Fallon," Adam brings his successful approach on how to eliminate chronic back and body pain conservatively with ZERO MEDICAL TREATMENTS. Adam is bold, straightforward, occasionally controversial and always entertaining.

Adam's experience with hundreds of interviews guarantees your audience will be informed and entertained.

Online Press Kit: <http://www.adamheller.com/media>  
Public Website: <http://www.adamheller.com>

### Story Ideas

**The Solution to the Opioid Crisis** - The conventional wisdom is to prescribe dangerous pain drugs to manage pain. This model is broken because not only does 1 person die every 19 minutes in the US from a pain drug overdose but taking these drugs can actually increase and lengthen your time in pain. Adam shares how to avoid the dangers with a simple way to be drug free and pain free.

**3 Musts to Survive Chronic Pain** - Adam provides what you must know to not only survive pain and pain management, but eliminate your own pain conservatively, safely and rapidly.

**The 8 Personality Traits that almost Guarantee Chronic Pain** - If you have even 1 of these traits and pain it is likely to completely eliminate your pain and resume feeling great.

### Additional topics:

Pitfalls of Pain Management

What's it like to Suffer Chronic Pain?

Fibromyalgia The Unnecessary Destroyer of Women's Lives

Why Lyrica doesn't work and what to do about it

The most common Misconceptions about Chronic Pain

Why Your MRI is lying to you and what you need to do about it

Does Your doctor program you to be in pain?

### MEDIA CONTACT:

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